

HOW DO I LEARN?

¡Hola! With these 6 questions we will know, in general, what is **your preference to capture, process and deliver ideas and information**. This is important because it will allow us to recommend specific support materials or know how to explain a topic to you considering how you process data and information. **Are you ready?**

INSTRUCTIONS: Please, choose the answer that best explains your preference, you can underline it or circle it; whatever is best for you. **LET'S BEGIN!**

1. WHEN YOU ARE IN CLASS AND THE TEACHER EXPLAINS SOMETHING THAT IS WRITTEN ON THE BOARD OR IN YOUR BOOK, IT IS EASIER FOR TO FOLLOW THE EXPLANATIONS:

- a) Listening to the teacher.
- b) Reading the book or the blackboard.
- c) You get bored and hope they give you something to do.

2. DURING CLASS:

- a) You are distracted by noise.
- b) Movement distracts you.
- c) You get distracted when the explanations are too long.

3. WHEN THE TEACHER GIVE YOU INSTRUCTIONS:

- a) You get moving before they finish talking and explain what needs to be done.
- b) You have trouble remembering the oral instructions, but there is no problem if they give them in writing
- c) You easily remember the exact words of what they told you.

4. WHEN YOU HAVE YO MEMORIZE SOMETHING BY HEART:

- a) You memorize what you see and remember the image (for example, the page of the book).
- b) Memorize better if you repeat rhythmically and remember step by step.

c) You memorize by walking and looking and remember a general idea better than the details.

5. IN CLASS WHAT YOU LIKE THE MOST IS THAT...

- a) Debates are organized and there is dialogue
- b) Activities are organized in which the students have to do things and are able to move.
- c) They give you the written material and with photos, diagrams.

6. MARK THE TWO SENTENCES WITH WHICH YOU IDENTIFY THE MOST:

- a) When you listen to the teacher you like to scribble on paper.
- b) You are visceral and intuitive, many times you like / dislike people without knowing why.
- c) You like to touch things and you tend to get very close to people when you talk to someone.
- d) Your notebooks and notebooks are neat and well presented, you are bothered by the studs and the corrections.
- e) You prefer jokes to comics.
- f) You usually talk to yourself when you are doing some work.

RESULTS: According to your own answers, count how many “V”, “A”, or “K” you obtained!

Question	Answer A	Answer B	Answer C	Answer D	Answer E	Answer F
1	A	V	K	-	-	-
2	A	K	V	-	-	-
3	K	V	A	-	-	-
4	V	A	K	-	-	-
5	A	K	V	-	-	-
6	V	K	K	V	A	A

Total:

Letter V number: _____

Letter number A: _____

Letter number K: _____

Predominant letter (s): _____

This is your preference for capturing, processing, and delivering ideas and information

Remember at the end of the online workshop we will explain what each of these preferences is about and how we can take advantage of them for the benefit of your learning.

We wait for you in the online workshop!

Date: July 28th, 2020

Hour: 6 pm (MTS)



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